

# Avocado Tuna Salad



## Instructions:

- In a bowl, combine tuna, mashed avocado, Oliverde Cilantro Lime Olive Oil, lime juice, red onion, celery, and cilantro.
- Season with salt and pepper to taste.
- Serve over a bed of greens, in a whole-grain wrap, or as a dip with veggie sticks.

## Ingredients:

- 1 can tuna (packed in water), drained
- 1 ripe avocado, mashed
- 1 tbsp Oliverde Cilantro Lime Olive Oil
- 1 tbsp lime juice
- 1/4 cup red onion, diced
- 1/4 cup celery, diced
- 1 tbsp chopped fresh cilantro
- Salt and pepper to taste